

IN THE STUDIO WORKSHOP WEEK

Welcome to 'In the Studio Workshop Week'! We are so excited to offer you five new and innovative workshops to choose from. You can sign up for just one or for all five; it is completely up to you!

All classes will be held online on Zoom. The Zoom link will be sent to you via email after registration and payment. Please read through the class descriptions carefully, and if you have any questions or would like to register, please email the instructor of the class directly.

- Please note that by registering for any classes in Workshop Week your email address will be shared with each of the five instructors only for the purpose of organization and follow-up. You will not be added to any mailing lists.

BONUS!

All registered students will also be invited to participate in two bonus Workshop Week events:

Workshop Week Hook-In

Join all of the instructors and the other students for an online hook-in. It will be held on **Wednesday, October 28th, 2020, at 6:30 pm EASTERN for 1.5 hours**. The Zoom link will be sent the day before the hook-in to all students registered in at least one class.

Workshop Week Panel Discussion

Join us for a bonus episode of the series 'In the Studio' where the five instructors will engage in a panel discussion and will take your questions. It will be held on **Friday, October 30th, 2020, at 6:30-7:30 pm EASTERN**. The Zoom link will be sent the day before the panel discussion to all students registered in at least one class.

WORKSHOP OPTIONS



TRAVEL DESIGN: LET THE WORLD INSPIRE YOU

When: Monday, October 26th, 2020, at 6:30 pm EASTERN – 9:00 pm EASTERN

Find inspiration for your art from your own travels! Using your memories, your photos or even just your dreams of where you would like to go once the pandemic is over, we will talk about how to find, capture and interpret your ideas. Travel does not have to be far from home so, even if you haven't travelled to exotic locales, this class is still for you. The hands-on activities in this class will leave you

feeling inspired and with a number of designs ready to turn into art, no matter what medium you use!

This class is inspired by my book [Eyes Open to the World: Memories of Travel in Wool](#) published in 2019 by Ampry Publishing. It is not necessary to purchase the book to take this class, but students may find it a useful supplement to the information in the workshop.

Materials Needed:

- A sketchbook (or a book with blank pages)
- Pencil, eraser and pencil sharpener
- Pencil crayons
- Photos from somewhere you have travelled (can be close to home or further afield, and can be printed out or on a device)
- A small watercolour set and brush(es) (does not need to be fancy- can be a set for kids)

Class Fee: \$45 US (Conversion will be made to CAD for Canadian students). Payment can be made by e-transfer for Canadian students, or a PayPal invoice will be sent to students outside of Canada.

For more information or to register please email Karen D. Miller at info@karendmillerstudio.com.

About Karen D. Miller:

Karen D. Miller is a fibre artist living and working in Ottawa, Ontario. She has had her work exhibited across Canada and the United States, and in Canadian and American publications as well as those in Europe and Australia. Her work has been featured four times in [Rug Hooking Magazine's](#) annual *Celebration of Hand-Hooked Rugs*, and in 2020 she was invited to be one of four judges for the publication. In addition, she is a frequent contributor to [Rug Hooking Magazine](#). This past November, her first book, *Eyes Open to the World: Memories of Travel in Wool*, was published by Ampry Publishing. You can learn more about Karen and see her work at www.karendmillerstudio.com.

BASICS OF DESIGN



With

SUSAN L. FELLER

BASICS OF DESIGN: EXPLORE THE VOCABULARY FOR DESIGNING- ELEMENTS AND PRINCIPLES

When: Tuesday, October 27, 2020, at 6:30 pm EASTERN
– 9:00 pm EASTERN

Beginner or years into your fiber arts journey, this workshop will help to incorporate the building blocks (elements and principles of design) to create better compositions. Students will explore the concepts using

small samples, and will become comfortable using design, materials and techniques.

In the 2.5 hour session we will define the Elements and Principles of Design and discuss the universal art vocabulary. Exercises included require pencil, paper, a selection of fabric in range from light to dark, and an open mind. YOU CAN DRAW. Participants will be invited to a private group for follow up discussion and more assignments over a three month period.

This class is based on Susan's book [Design Basics for Rug Hookers](#), published by Stackpole Books and available in an online search.

You will be contacted by the instructor before class to expand on materials and to allow for a discussion of one's personal background in designing and expectations for the class.

Optional Materials:

For Canadian students: Wool kits and backing available by contacting Martina Lesar (studio@martinalesar.com); ask for **Design Workshop Kit**.

For US students: Wool kits and backing available by contacting Parris House Wool Works in Maine (parrishousewoolworks@gmail.com); ask for **Design Workshop Kit**.

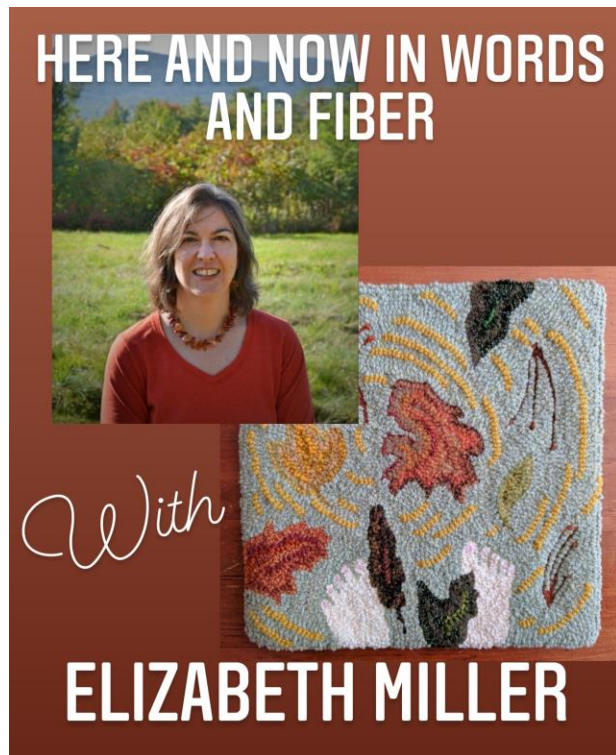
- Please note that purchasing Susan's book and/or the Design Workshop kit are not required, but both are beneficial to have for the class.

Class Fee: \$45 US. An invoice will be sent electronically.

For more information or to register, please email Susan L. Feller at rugs2wv@gmail.com with "Design Class" in subject.

About Susan L. Feller:

Susan L. Feller is an award winning fibre artist, author, and teacher. She is a frequent contributor to [Rug Hooking Magazine](#) and she has had her work featured in and been a judge for their publication *Celebration of Hand-Hooked Rugs*. Susan frequently exhibits her work across North America. You can learn more about Susan and see her work at www.artwools.com.



HERE AND NOW IN WORDS AND FIBER

When: Wednesday, October 28, 2020, at 1:00 pm
for approximately 2.5 to 3 hours in length.

“Creativity is always a leap of faith. You’re faced with a blank page, blank easel, or an empty stage.”
– Julia Cameron

In this workshop we explore the intersection of words, writing, visual images, and the emotions and responses they evoke through the medium of rug hooking. However, we are narrowing our context down to the here, the now, the present, the close at hand. In this time of COVID-19, I want to turn that feeling of restriction into an expressive opportunity through the use of visual design and accompanying poetry/prose. We will focus on our immediate environments. The purpose here is to expand your appreciation for the seemingly

familiar and see it in new ways.

Through a series of wordplay and sketching exercises, we will come up with a short piece of original writing (think Haiku, single stanza poem, or ten line prose) that will form the foundation of your rug design.

While this workshop is not meant to be a traditional “how-to,” I am also happy to talk about how to apply materials other than wool or techniques beyond the basic loop to your individual design if you are inspired to do so. This differs from my telling or showing you “what to do” as this project is going to be deeply personal, and you are the intuitive expert on its creation.

I will offer a closed Facebook group for workshop attendees who want to continue interacting as they finish their projects and can provide ongoing support and resources through completion.

Materials needed:

- Pencil and sharpener
- Eraser
- (Optional) Images you may want to work with/phone or tablet camera
- Medium to large sketching paper – can be pieced together if needed
- Notebook for writing
- Fine tip Sharpie
- Quilting square is helpful
- Ruler, if no square
- Hoop or frame
- Rug hook

- Snip scissors
- Variety of colors and textures in wool and/or fiber
- 18" x 18" (suggested) or some other size serged/zigzagged/taped rug foundation
- Cutter or some way to cut wool/fiber
- (Optional) Calligraphy or art paper and pens

Class Fee: \$45 US

For more information or to register, please contact Elizabeth Miller at parrishousewoolworks@gmail.com.

About Elizabeth Miller:

Elizabeth Miller is the owner and artisan at the Parris House Wool Works in Paris, Maine. She has taught workshops at numerous locations, including at the Squam Art Workshops, and the Sabbathday Lake Shaker Village. Her work has been featured in [Rug Hooking Magazine](#) and [Making Magazine](#), and she has a line of originally designed, hand-hooked, home decor items available through the Beekman 1802 Mercantile in Sharon Springs, NY.

You can learn more about Elizabeth at her website www.parrishousewoolworks.com. Her upcoming book, [Heritage Skills for Modern Living: Seasons at the Parris House](#) is available for pre-order through her website as well as on Amazon.



INTUITIVE DESIGN

When: Thursday, October 29, 2020, at 1:00 pm-4:00 pm EASTERN

Join Meryl Cook as she shares her intuitive design process. In this class we will explore creative journaling (writing and sketching) as a means to create designs from within. This workshop will appeal to artists wanting to stretch their design muscles and to those wishing to explore a unique approach to journaling.

You will learn: creative journaling methods for unblocking creativity and how to use your journal to create simple, intuitive designs.

These designs can be translated to your rug hooking or to any artistic medium. No need to be a rug hooker, all are welcome.

Be prepared to have fun and leave with practical tools for journaling and an intuitive design.

Materials needed: a journal (or paper), pens or pencils and a sense of adventure. Highly recommended is Meryl's second book, [*One Loop at a Time, The Creativity Workbook*](#).

Class fee: \$45 US (approximately \$59.14 Canadian as of September 9).

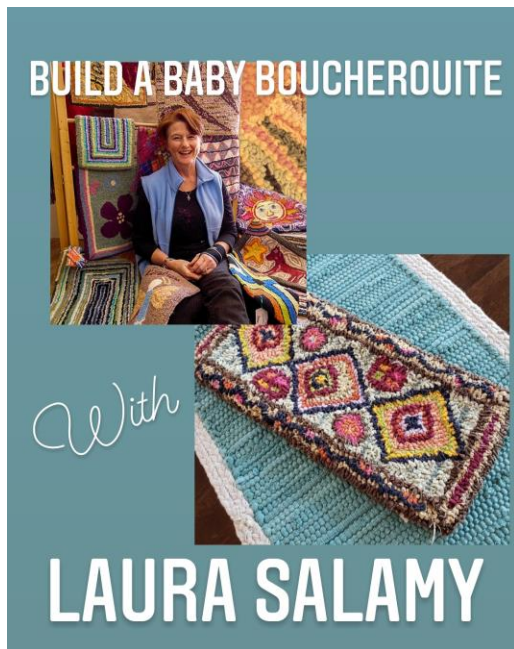
For more information or to register, please contact Meryl Cook at meryl@merylcook.ca. Payable by e-transfer within Canada to meryl@merylcook.ca or by PayPal if outside Canada. Class limit of 12 students.

About Meryl Cook:

Meryl Cook, artist, author, speaker and facilitator, specializes in connecting people with their creativity. Her corporate work focuses on engagement and well-being. Recent corporate clients include Nova Scotia Department of Environment Water Branch, Service Nova Scotia & Internal Services and Argyle Fine Art.

She is a sought after teacher in the journal writing and fibre arts communities. As an artist, colour, texture, joy and self-compassion are the key features of Meryl's beautifully crafted hooked rugs and her books about her journey from homeopath to artist and journal writer. Meryl's home studio is in Dartmouth, where she hooks and spins looking out at the Halifax Harbour.

Meryl is the author of *One Loop at a Time, a story of rug hooking, healing and creativity* and *One Loop at a Time, the Creativity Workbook*- both of which can be purchased from her website, www.merylcook.ca.



BUILD A BABY BOUCHEROUITE

When: Friday, October 30, 2020 at 1:00pm EASTERN for approximately 2.5-3 hours in length.

Boucherouites are having their day! They're so trendy that you can't look at a **Better Home and Gardens** magazine or watch an HGTV show without seeing them.

The Berber tribe of Morocco have been creating Boucherouites, one-of-a-kind, hand-knotted rugs, since the mid-20th century. Traditionally, they're made using old clothes and other textile scraps. They're a pretty freestyle form of expression often looking as if the weaver started with one color scheme and pattern, got bored, and moved onto something else. They're fun in a colorful, spontaneous way and are easily adaptable to rug hooking.

In this workshop you'll design your own "Baby Boucherouite" rug and start to hook it with textile scraps you have on hand be they cotton clothing, old bedsheets, and/or leftover wool noodles. The sky's the limit! We'll also discuss how to prepare, cut, and hook with non-wool materials.

This class is designed for a student proficient at rug hooking basics, particularly the mechanics of pulling loops through a backing. You need not own a cutter to participate (or even to hook rugs!).

Because this is an online workshop, students will supply their own materials.

Materials needed:

- Hooks;
- Backing of choice, enough to allow for a rectangular mat at least 12" by 6";
- A frame;
- A pencil (or "magic" pen) and Sharpie (we'll draw rugs straight onto the backing);
- Fibers of choice (wool, yarn, old clothing/textiles, whatever); and
- A mind and spirit open to experimenting and FUN.

Class Fee: \$45 US

For more information or to register please contact Laura Salamy at Laura@highonhooking.com. Class limit of 12 students.

About Laura Salamy:

Laura Salamy is the hooker behind High on Hooking.

I've never been a "traditional" hooker, preferring to color outside of hooking's more "typical lines." Instead of limiting myself to wool, I prefer to use most any material I can get my hands on.

Often that means cutting strips from old t-shirts and bed sheets. Up-cycling throw-aways to art is a priority for me. Our landfills are filling up. Or they're already full. While certain projects benefit from virgin wools or other fibers, I like to do my little part to slow that process and make something lovely at the same time.

Laura's work has been seen in various exhibits as well as Rug Hooking Magazine; ATHA Art of Rug Hooking magazine; Karen D. Miller's book *Eyes Open to the World: Memories of Travel in Wool*; and Judy Taylor's *T-Shirt Treasures: Creating Heirloom Hooked Rugs from the Humble T-Shirt*. She currently serves as President of the Adobe Wool Art's Guild, New Mexico's only rug hooking guild. Learn more about her work at <https://highonhooking.com>.